

February

Lap Pool Schedule

(907) 344-7788

Dimond Athletic Club

www.dimondathleticclub.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00AM	open swim	open swim	open swim	open swim	open swim	open swim	open swim			
5:30AM										
6:00AM										
7:00AM										
8:00AM	open swim	open swim	open swim	open swim	open swim	open swim	open swim			
9:00AM								Water Aerobics w/ Kim 9:00-10:00am	Water Aerobics w/ Kathryn 9:00-10:00am	Aqua-cise w/ Roselynn 9:00-10:00am
10:00AM										
11:00AM										
NOON	open swim	open swim	open swim	open swim	open swim	open swim	open swim			
1:00PM										
2:00PM										
3:00PM										
4:00PM	open swim	Youth Group Swim Lessons w/ Kim 4:30-7:00pm	open swim	Youth Group Swim Lessons w/ Kim 4:30-7:00pm	open swim	open swim	open swim			
5:00PM										
6:00PM								Pool Closes at 5:30pm on Weekends		
7:00PM								open swim	open swim	
8:00PM	Pools Close at 8:30pm on Weekdays									

February Small Pool Schedule

(907) 344-7788

Dimond Athletic Club

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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM	open swim	open swim	open swim	open swim	open swim	open swim	open swim
5:30AM							
6:00AM							
7:00AM							
8:00AM							
9:00AM	Warm Water Fitness w/ Kim 10:15-11:15am	open swim	Warm Water Fitness w/ Kathryn 10:15-11:15am	open swim	Warm Water Fitness w/ Roselynn 10:15-11:15am	open swim	open swim
10:00AM							
11:00AM							
NOON	open swim	Aquatic Arthritis Program w/ Roselynn	open swim	Aquatic Arthritis Program w/ Kathryn	open swim	open swim	open swim
1:00PM							
2:00PM							
3:00PM		open swim		open swim			
4:00PM							
5:00PM	Youth Group Swim Lessons w/ Kim 4:30-7:00pm	Youth Group Swim Lessons w/ Kim 4:30-7:00pm	Pool Closes at 5:30pm on Weekends				
6:00PM							
7:00PM	open swim	open swim					
8:00PM	Pools Close at 8:30pm on Weekdays						